UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

FORM 8-K

CURRENT REPORT Pursuant to Section 13 or 15(d) of the Securities Exchange Act of 1934

Date of report (Date of earliest event reported): July 20, 2020

LYRA THERAPEUTICS, INC.

(Exact name of registrant as specified in its charter)

Delaware (State or other jurisdiction of incorporation or organization) 001-39273 (Commission File Number) 84-1700838 (I.R.S. Employer Identification No.)

480 Arsenal Way Watertown, MA 02472 (Address of principal executive offices) (Zip Code)

(617) 393-4600

(Registrant's telephone number, include area code)

N/A

(Former name or former address, if changed since last report)

Check the appropriate box below if the Form 8-K filing is intended to simultaneously satisfy the filing obligation of the registrant under any of the following provisions:

□ Written communications pursuant to Rule 425 under the Securities Act (17 CFR 230.425)

Soliciting material pursuant to Rule 14a-12 under the Exchange Act (17 CFR 240.14a-12)

□ Pre-commencement communications pursuant to Rule 14d-2(b) under the Exchange Act (17 CFR 240.14d-2(b))

Dere-commencement communications pursuant to Rule 13e-4(c) under the Exchange Act (17 CFR 240.13e-4(c))

Securities registered pursuant to Section 12(b) of the Act:

	Trading	Name of each exchange
Title of each class	Symbol(s)	on which registered
Common Stock, \$0.001 par value per share	LYRA	The Nasdaq Global Market

Indicate by check mark whether the registrant is an emerging growth company as defined in Rule 405 of the Securities Act of 1933 (§230.405 of this chapter) or Rule 12b-2 of the Securities Exchange Act of 1934 (§240.12b-2 of this chapter).

Emerging growth company Xiii

If an emerging growth company, indicate by check mark if the registrant has elected not to use the extended transition period for complying with any new or revised financial accounting standards provided pursuant to Section 13(a) of the Exchange Act.

Item 5.02. Departure of Directors or Certain Officers; Election of Directors; Appointment of Certain Officers; Compensatory Arrangements of Certain Officers.

Effective July 24, 2020, Laura Edgerly-Pflug ceased to be the Senior Vice President of Technical Operations of Lyra Therapeutics, Inc. (the "Company") and her employment with the Company terminated.

The Company entered into a separation and release agreement with Ms. Edgerly-Pflug, pursuant to which she is eligible to receive the following payments and benefits: (a) continued payment of her base salary until January 24, 2021, (b) reimbursement or payment of medical, dental or vision continuation coverage premiums for Ms. Edgerly-Pflug and her covered dependents, less the amount she would have had to pay to receive such coverage as an active employee, until July 24, 2021, and (c) outplacement services until July 24, 2021 not to exceed \$5,000 in the aggregate. The separation and release agreement also includes a release of claims against the Company by Ms. Edgerly-Pflug.

SIGNATURES

Pursuant to the requirements of the Securities Exchange Act of 1934, the registrant has duly caused this report to be signed on its behalf by the undersigned hereunto duly authorized.

Date: July 24, 2020

LYRA THERAPEUTICS, INC.

By: /s/ R. Don Elsey

R. Don Elsey Chief Financial Officer