SEC Foi	rm 4 FORM	4	UNITE) STA	TES	S	ECUR	ITII	ES AND	E	ХСНА	NGE C		AISSIC	DN				
						Washington, D.C. 20549										(ЭМВ	APPRO	VAL
Section 16. Form 4 or Form 5 obligations may continue. See				AT OF CHANGES IN BENEFICIAL OWNERS d pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940									SHIP	OMB Nu Estimate hours pe			verage burde	3235-0287 n 0.5	
1. Name and Address of Reporting Person [*] TOBIN JAMES R					2. Issuer Name and Ticker or Trading Symbol Lyra Therapeutics, Inc. [LYRA]								Relations heck all a						
(Last)	Last) (First) (Middle)					3. Date of Earliest Transaction (Month/Day/Year) Officer 06/30/2023 Officer below)								r (give title Other (specify below)			specify		
C/O LYRA THERAPEUTICS, INC. 480 ARSENAL WAY					4. lf /	Line) X Form								orm fi	Joint/Group Filing (Check Applicable filed by One Reporting Person				
(Street) WATERTOWN MA 02472					Bu	Rule 10b5-1(c) Transaction Indication									filed by More than One Reporting n				
(City)	(S		(Zip)	-Deriv		Che satis	ck this box sfy the affirr	to inc native	licate that a tra e defense con	ansa ditior	ction was r ns of Rule 2	nade pursua 10b5-1(c). S	ant to a co see Instruc	tion 10.			n plan t	hat is intend	ed to
Table I - Non-Deriva 1. Title of Security (Instr. 3) 2. Transa Date (Month/D				action	ction 2A. Deemed Execution Date,			3. 4. Secur Transaction Dispose Code (Instr. 5)			ities Acqui	5. Amount of		nt of s ally collowing	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)		7. Nature of Indirect Beneficial Ownership (Instr. 4)		
									Code	v	Amount	Amount (A) or (D)		Transaction(a)		ion(s)			(1130. 4)
		Т							uired, Dis s, options						ed				
Derivative Conversion Date Execu Security or Exercise (Month/Day/Year) if any			3A. Deeme Execution if any (Month/Da	Date, Transa Code (I					6. Date Exercisable and Expiration Date (Month/Day/Year)			7. Title and Amount of Securities Underlying Derivative Secu (Instr. 3 and 4)		8. Price Derivati Security (Instr. 5)		9. Number derivative Securities Beneficial Owned Following Reported Transactio (Instr. 4)	Ownersl Form: Direct (E or Indire (I) (Instr.	Ownership	Beneficial) Ownership ct (Instr. 4)
					01.				Date	E	xpiration	Tiala	Amoun or Numbe of						

Explanation of Responses:

\$4.11

Stock

Option

1. This option vests and becomes exercisable on June 30, 2024, subject to the Non-Employee Director's continued service on the Board as a Non-Employee Director through such vesting date.

20,000

(1)

<u>/s/ Jason Cavalier, Attorney-in-</u> <u>Fact for James R. Tobin</u>	07/05/2023
** Signature of Reporting Person	Date

\$0.00

20,000

D

20,000

Common Stock

06/29/2033

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

06/30/2023

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

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Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.